



Strategic Inter-Governmental forum on Physical Activity and Health (SIGPAH)

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The Strategic Inter-Governmental forum on Physical Activity and Health (SIGPAH) is the national public health coordinating body of physical activity and health in Australia. The Forum aims to increase the proportion of the Australian population who participate in regular moderate-intensity physical activity to improve health, with the support of the National Public Health Partnership, and through collaboration with other sectors.

Communique for the Meeting of the 17 February 2000

Developing an Active Australia: a framework for action for physical activity and health - Workplan for 2000 - 2003

SIGPAH members made amendments to some of the key initiatives in this draft document. Members also reviewed SIGPAH priority initiatives for 2001.

The SIGPAH General Practitioners Working Party

The GP Working Party will increase its membership with a representative from the Australian Division of GP's; the health promotion Support and Evaluation Unit (SERU); the GP Branch of the Commonwealth and the Australian Medical Association. Ms Susan Tabak has recently resigned as Chairperson and Dr Fiona Bull has agreed to fill this position until July 2000.

Active Australia Alliance

The "Active Australia National Strategic Directions 2000-2003" document should be at final draft stage by mid March 2000.

National Obesity Prevention Group (NOPG)

During 2000 NOPG members will form four major working groups to focus on:

- advising on the development of guidelines for the treatment and management of overweight and obesity;
- development of evidence based community interventions to prevent overweight and obesity;
- overweight and obesity in children; and
- data collection and a communications strategy.

Australian Sports Commission

The Australian Sports Commission will build on current Active Australia campaigns and capitalise on the post-Olympic and Para-Olympic latent period. The focus is on selling the benefits of an active lifestyle; the emphasis will be on organised forms of sport and recreation rather than incidental physical activity.

Kellogg Australia Presentation

Kellogg Australia has requested SIGPAH representation on their children's nutrition and physical activity attitudinal survey working group.

AIHW presentation of the 1999 Active Australia Physical Activity Survey

Dr Tim Armstrong and Prof. Adrian Bauman presented some preliminary results of the 1999 National Physical Activity Survey and comparisons with the 1997 survey. The data are expected to be available later in the year through the release of the final report.

- A forum for national leadership in physical activity and health in Australia -